

M2W Merging Two Worlds

A TRANSITION AND CAREER
EXPLORATION AND PLANNING
CURRICULUM



AZ Common Ground Offers Merging Two Worlds Curriculum (M2W)

This curriculum is utilized for participants immediately leaving jail or prison facilities. Please attend our weekly Monday orientation at 11 am to set initial interview.



Merging Two Worlds (M2W) is a life skills/transition based curriculum. "It is based on the concept that resiliency is critical to an individual's successful reintegration into the community. Resiliency is generally defined as the ability to come back from and successfully adapt to adversity."*

The M2W curriculum helps students in secure care facilities prepare for reintegration into school, work, and the community.

What does this course offer and what topics are covered?

- **Who am I?**

Lessons are focused on self-assessment, guiding the student through identification of his/her strengths, interests, abilities, values, learning styles, and skills.

- **Where am I going?**

These lessons focus on self-awareness and their own unique perspective to make decisions and set personal goals. Topics include values, goals, choices, consequences, and more.

- **How do I get there?**

These lessons focus on motivation, self-confidence, work ethics, life-management, communication, persistence, and more.

- **How do I keep it together?**

These lessons focus on housing, money management, transportation, and medical treatment, keeping a job, learning needs and opportunities, and more.

*Information for M2W are taken from M2W official ASU webpage

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